



About the QuitLine Referral Program

Idaho QuitLine
1-800-Quit-Now

What is the Idaho QuitLine (IDQL) Referral Program?

The Referral Program is YOUR direct link to the Idaho QuitLine—a free, effective telephone service that helps people quit using tobacco. The Idaho QuitLine offers a combination of free nicotine replacement therapy* (NRT) and coaching with trained Quit Coaches, many of whom are former smokers. After you complete a short form with your healthcare provider, a Quit Coach will call you within a few days. You choose when you want the Quit Coach to call.

What Can I Expect When the Idaho QuitLine Calls Me?

When the Idaho QuitLine calls you, the call will come from a toll-free 1-800 number. A friendly registration specialist will ask you a few questions to get the process started. You will then have an opportunity to speak with a highly trained Quit Coach. During the first counseling session, quit coaches will ask about your tobacco use history, previous quit attempts, and any life experiences that may affect your quit attempt. The first call usually takes 15 minutes.

How Often Will the Idaho QuitLine Call Me?

That's up to you. The program includes 4 follow up calls to help you stay on track through your quit process. At the end of each call you and your Quit Coach can determine the best time for your next follow up call.

Will the Idaho QuitLine Referral Program Keep My Information Private?

Yes! If you agree to participate, the Idaho QuitLine will only provide information to your healthcare provider. The form that you complete does not allow your information to be shared with anyone else.

Visit projectfilter.org or call 1-800-Quit-Now (1-800-784-8669) to get started today.



*Subject to availability and eligibility. Registrants must participate in at least one coaching call to receive NRT. Other restrictions may apply.