



## FAX Referral Program

Idaho QuitLine

1-800-Quit-Now

Idaho QuitLine Services:

- Free NRT\*
- Multi-call Coaching
- Integrated Online Program
- Text2Quit
- QuitNow Mobile App

### NRT Exclusions

Patients who have the following conditions or who have experienced any of the following events are excluded:

- A heart attack/stroke in previous 2 weeks
- Currently pregnant
- Told they have an irregular heartbeat that required them to change their activities or take medication in the previous 6 months
- Had an allergic reaction to the patch medication or adhesive tape or bandages (other than NRT, etc.)
- Told they have a serious or worsening angina or heart pain in the last 6 months
- Under age 18

If a patient reports any of the exclusions listed above, the IDQL may send an MD Override Letter to the patient for their Primary Medical Provider to approve a specific dosage of NRT.



IDAHO DEPARTMENT OF HEALTH & WELFARE  
DIVISION OF PUBLIC HEALTH

## What is the Idaho QuitLine (IDQL) FAX Referral Program?

The Fax Referral Program is the healthcare providers' direct link to the Idaho QuitLine. Free to Idahoans, the IDQL is an evidence-based tobacco cessation service that helps tobacco users quit through counseling and nicotine replacement therapy\* (NRT).

### How do I Refer A Patient to the IDQL?

1. Identify the patient as a tobacco user.
2. Discuss tobacco use with the patient and strongly advise quitting.
3. Assess the patient's "fit" with the QuitLine services:
  - Is the patient ready to quit in 30 days?
  - Does the patient have reliable access to a phone?
  - Does the patient agree to accept calls from the IDQL?

*(If the patient answers "no" to any of the above questions, please offer the Project Filter tobacco cessation brochure.)*

4. Complete the [Fax Referral Form](#) with the patient.
5. Fax the form to the IDQL at 1-800-483-3114.

### What Happens After I Make a Referral to the IDQL?

Referrals submitted online are entered into the IDQL database within 24 hours. The first call to the patient occurs within the first 48 hours. The IDQL will make additional attempts to reach a patient over the next five days. The QuitNow 1-800 number will display on the patient's caller ID.

### Will I Receive a Patient Outcomes Report?

An [Outcomes Report](#) will be faxed to HIPAA-covered entities. The report includes the status of the fax referral (e.g., the patient accepted services, declined, or was unreachable), program selection (information only, 1-call, or multi-call), and NRT (type and dose).

### Become a Preferred Provider!

Project Filter will print and ship customized fax referral pads with pre-populated provider information. Preferred providers can elect to receive a monthly status report. It's easy to sign-up, too. Send an email to [projectfilter@dhw.idaho.gov](mailto:projectfilter@dhw.idaho.gov) with the subject: "IDQL Preferred Provider" to get started!

Prefer paperless? Check out our [Online Referral Program!](#)

\*Subject to availability and eligibility. Registrants must participate in at least one coaching call to receive NRT. Other restrictions may apply.